

ORAK 12 HOUR RACE

HOSTED BY



VREDENDAL

SATURDAY 29 JUNE 2019 06:00am – 18:00pm

Contact: Gerrie Cilliers 083 650 0642

Enter online at www.orak.co.za

Pre-entries only

Closing Date 22 June 2019

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Prize money

Men	Winner	2nd	3rd
Overall	R 1 250	R 750	R 500
40 - 49	R 250		
50 - 59	R 250		
60 - 69	R 250		
70 - 79	R 250		
80 - 89	R 250		

Ladies	Winner	2nd	3rd
Overall	R 1 250	R 750	R 500
40 - 49	R 250		
50 - 59	R 250		
60 - 69	R 250		
70 - 79	R 250		
80 - 89	R 250		

New record : R250

Records: Men: 128km (Doneville Vries - 2018)
 Women: 110,7km (Martha Pretorius - 2014)

Team		Men: 4 x		Ladies: 3 x	
Prizes:		R250		R250	

Charity Project 2019

CANSA Olifantsrivier